



amare



COGNITIVE NUTRITION*



What It Is

ON contains a unique blend of Guarana Seed Extract, Alpinia Galangal, Green Tea Extract, Wild Alaskan Blueberry Extract, Bacopa Monnieri, Ashwagandha Root Extract, Stevia, Cane Juice Syrup, Thiamine HCl, Riboflavin, Nicotinamide, Pyridoxine, Methylcobalamin, Inositol, Citicoline, L-Citrulline, Taurine and Pyrroloquinoline Quinone. Each of these ingredients has been carefully selected for their individual benefits and combined to create an effective supplement.

How It Works

Most caffeinated drinks can only get you so far and most caffeine products target only energy. Many lack naturally sourced caffeine and nutrients like nootropics that can promote focus, alertness and concentration. Instead, they're packed full of sugar and artificial ingredients. That's why ON combines the power of naturally sourced guarana caffeine for sustainable energy with a proprietary blend of optimized nootropics designed to support focus, attention, and clarity.

ON contains Vitamins B1, B2, B3, B6 & B12. These Vitamins contribute to the functioning of the nervous system, psychological function (exc. for Vitamin B2) and the reduction of tiredness and fatigue (exc. for Vitamin B1).

Why You'll Love It

With a powerful blend of nature based ingredients, this supplement is designed to promote attention, focus and clarity. Say hello to a vibrant and active lifestyle.

Key Features



Collagen



Gluten Free



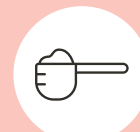
Lactose Free



Cologne List Approved



Flavor
Raspberry
Grapefruit



Servings
7



Daily Dosage
Max. 3 Pouches



The SCIENCE of Amare ON

ON combines the power of naturally sourced guarana caffeine for sustainable energy* with a proprietary blend of optimized nootropics designed to support focus, attention and clarity.**

With only 3 grams of sugar and 30 calories, Kyäni ON delivers the boost you need without the negative side effects that other energy drinks cause.

*When consumed by humans, caffeine stimulates the central nervous system and in moderate doses increases alertness and reduces sleepiness. (<http://www.efsa.europa.eu/en/topics/topic/caffeine>)

**Vitamins B1, B6 & B12 contribute to the functioning of the nervous system, psychological function and the reduction of tiredness and fatigue.



NUTRITIONAL INFORMATION			
Serving Size: 1 Pouch (62g)/ Number of Servings: 7			
	Amount per serving	per 100g	%RI*
Energy	88 kJ 21 kcal	142 kJ 34,5 kcal	
Fat	Trace	<0,1 g	
Carbohydrates	5,82 g	9,38 g	
Of which sugars	2 g	3,22 g	
Protein	<0,5 g	<1 g	
Salt	0,29 g	0,467 g	
Caffeine	100 mg	161,3 mg	
Vitamins			
Vitamin B1	0,68 mg	1,1 mg	100 %
Vitamin B2	0,87 mg	1,4 mg	100 %
Vitamin B3	9,92 mg	16 mg	100 %
Vitamin B6	0,87 mg	1,4 mg	100 %
Vitamin B12	1,55 µg	2,5 µg	100 %
*%RI: Reference Intake			

Ingredients



Guarana Seed Extract



Bacopa Monnieri



Alpinia Galangal



Ashwagandha Root Extract



Green Tea Extract



Stevia

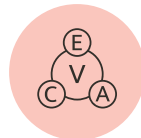


Wild Alaskan Blueberry Extract



Cane Juice Syrup

Vitamins



- Thiamine (Vitamin B1)
- Riboflavin (Vitamin B2)
- Niacin (Vitamin B3)
- Vitamin B6
- Vitamin B12



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Key Benefits



Metabolism

Thiamine, Riboflavin, Niacin, Vitamin B6 and B12 contribute to normal energy-yielding metabolism.
Riboflavin contributes to the normal metabolism of iron.
Vitamin B6 contributes to normal cysteine synthesis.
Vitamin B6 contributes to normal protein and glycogen metabolism.
Vitamin B6 and B12 contribute to normal homocysteine metabolism.



Heart

Thiamine contributes to the normal function of the heart.



Vision

Riboflavin contributes to the maintenance of normal vision.



Nervous System

Thiamine, Riboflavin, Niacin, Vitamin B6 and B12 contribute to normal functioning of the nervous system.
Riboflavin contributes to the protection of cells from oxidative stress.
Riboflavin, Niacin, Vitamin B6 and B12 contribute to the reduction of tiredness and fatigue.
Vitamin B6 contributes to the regulation of hormonal activity.



Cells

Riboflavin and Niacin contribute to the maintenance of normal mucous membranes.
Vitamin B6 contributes to normal red blood cell formation.
Vitamin B12 has a role in the process of cell division.



Blood

Riboflavin contributes to the maintenance of normal red blood cells.
Vitamin B12 contributes to normal red blood cell formation.



Skin

Riboflavin and Niacin contribute to the maintenance of normal skin.



Immune System

Vitamin B6 and B12 contribute to the normal function of the immune system.



Brain Function

Thiamine, Niacin, Vitamin B6 and B12 contribute to normal psychological function.



When do I take the products?



	Morning	Noon	Evening
Amare Edge	○	○	○
Amare Energy+	✓	○	
Amare MentaBiotics	✓		*
Amare Ignite		○	
Sunrise	✓	○	○
Nitro	✓	✓	✓
Sunset			✓
HL5	○	✓	○
ON	○	○	○
Origin	○	✓	○
FIT20	○	✓	○
Restore	✓	○	○

- ✓ Recommended
- * Additional Serving for optimal results
- As needed

Do I need to take the products with food?

Most nutrients in capsules are better absorbed with food. Restore is the only product that requires food for absorption.

Can I take all the Amare products?

Yes you can. Amare's products are formulated to complement each other, providing holistic benefits. Follow the recommended dosage and usage instructions for each product.